



KEEP CALM
because
We'll always
be here for you

Supporting our Community & Committed to YOU!

ISSUE #2



Building Update: The Center is being deep cleaned and sanitized while we are all away and will be ready for our return!

THANK YOU to

SWEEP, SPARKLE AND SHINE

BAILEY COACH

SPRING GROVE BOROUGH

for making this happen!



LET'S HAVE SOME FUN

Activities, Resources and Challenges to keep you busy!

Banana Bread or Muffins



Recipe can be found on our website
<http://sgrprc.com/>

Virtual Covid-19 miler Race!

Do you love running, being active and giving back to your community?

We can help!

Spring Grove Regional Parks and Recreation Center is offering a Virtual 19-mile race!

Log your hours on the form provided on our website, www.sgrprc.com or take a photo of your own personal fitness tracker like a fit bit or pedometer and email it to us at springgroverec@comcast.net.

You have 5 days to complete the race!

Race Time 4/10-4/15

\$10 per person

\$1 from each registration will be donated back to the American Red Cross



More information on how to sign up on our website under races

<http://sgrprc.com/>

Rainbow Shaving Cream Rain Clouds



Directions for this Activity can be found on our website
<http://sgrprc.com/>
Daily Activities/Resource Tab



Helpful Online Resources- Check Them out!

<https://mysteryscience.com/school-closure-planning> **Mystery Science** is offering free mini lessons that are completely digital and full lessons that include an activity. All of the activities are designed to use simple supplies that are likely already in your home.

Link:

<https://www.khanacademy.org/> **Khan Academy** offers free educational lessons in a multitude of areas that can help offset the unexpected time out of school.

www.plt.org - A collection of easy-to-do, outdoor activities for families to help introduce children to nature.

Questions/Concerns: Email springgroverec@comcast.net

CHECK OUT PAGE 2



TODAY!

QUARANTINED?

LET'S CELEBRATE HALLOWEEN IN SPRING!

MARCH 31st, 2020

Pull out your decorations for Halloween

Put on a Halloween Costume

Make some Halloween Treats

Take some Photos

Share the fun with us on our Facebook page!

Best Photo wins a big bag of Candy! Shipped right to your door!



DO YOU LOVE TO HUNT EASTER EGGS?

CAN YOU FIND THE 10 EGGS HIDDEN IN THIS PICTURE!



Picture by: Meah King Age: 12